

JANUARY

2018

ELEMENTARY LUNCH MENU

<p>Breakfast and Lunch Free for all students Pre-K - 12th Grade</p> <p><u>All meals require at least one fruit or vegetable choice</u></p>		<p><u>Daily choices</u></p> <ul style="list-style-type: none"> • Yogurt combo meal • PB & Jelly sandwich • Chef Salad 		<p><u>All meals include</u></p> <p>New York State produced Low fat or fat free milk</p> <p>100% fruit juice Fresh fruit Fruit cup</p>
<p>1</p> 	<p>2</p> <p>Baked macaroni and cheese Garlic bread Carrots</p>	<p>3</p> <p>Chicken nuggets Mashed potatoes and gravy Broccoli Dinner roll</p>	<p>4</p> <p>Taco in a bag Brown rice Refried beans Corn Salsa Sour cream</p>	<p>5</p> <p>Pepperoni pizza Or fish on bun Tossed Salad Green beans</p>
<p>8</p> <p>Deluxe cheeseburger on roll Baked beans Spinach</p>	<p>9</p> <p>Penne with meatballs Stuffed breadstick Green beans</p>	<p>10 <u>Early Dismissal</u></p> <p>Grilled cheese sandwich Tomato soup Crackers Baby carrots</p>	<p>11</p> <p>Chicken and cheese Quesadilla Brown rice Corn Salsa</p>	<p>12</p> <p>Cheese pizza Or fish sticks & dinner roll Tossed Salad Cauliflower</p>
<p>15 NO SCHOOL</p>  <p>Martin Luther King, Jr.</p>	<p>16</p> <p>Hot dog on roll Or corndog Baked diced potatoes Corn</p>	<p>17</p> <p>Chicken nuggets Mashed potatoes and gravy Carrots Dinner roll</p>	<p>18 <u>PARENT DAY</u></p> <p>Taco in a bag Brown rice Refried beans Corn Salsa Sour cream</p>	<p>19</p> <p>French bread pizza Or fish on bun Tossed salad Broccoli</p>
<p>22</p> <p>Chicken patty Potato rounds Spinach</p>	<p>23</p> <p>Hot meatball sub Baked French fries Green beans</p>	<p>24</p> <p>BBQ chicken Mashed potatoes and gravy Corn Dinner Roll</p>	<p>25</p> <p>French toast sticks Breakfast sausage Hash brown patty Cinnamon apples</p>	<p>26</p> <p>Chicken bacon ranch pizza Or fish on bun Tossed salad Carrots</p>
<p>29</p> <p>Cheeseburger on roll Baked French fries Broccoli</p>	<p>30</p> <p>Spaghetti with meat sauce Garlic bread Green beans</p>	<p>31</p> <p>Popcorn chicken Mashed potatoes and gravy Corn Dinner roll</p>		

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